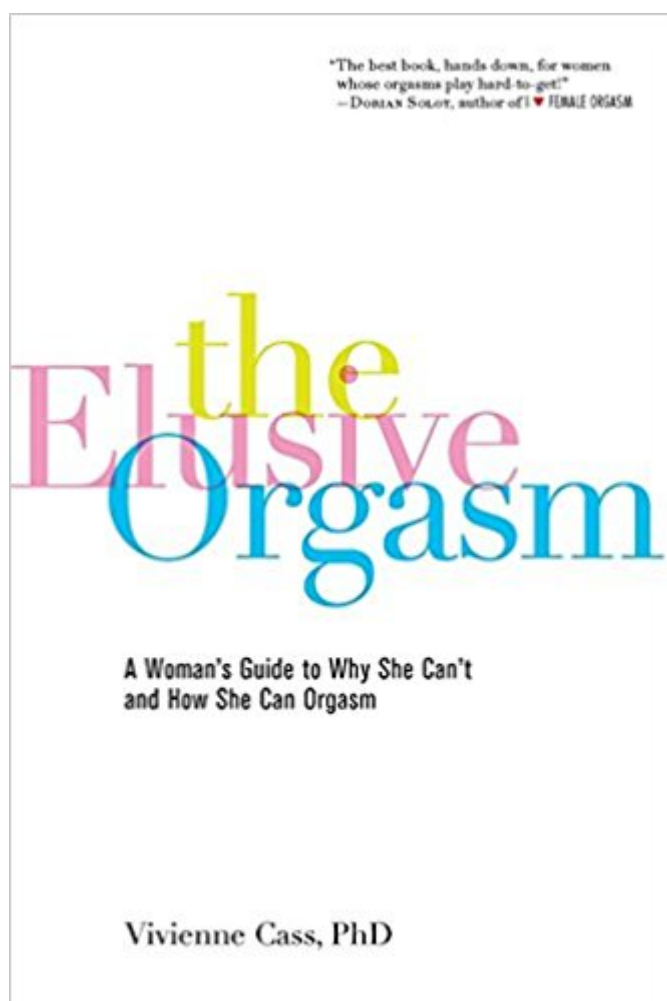




The book was found

The Elusive Orgasm: A Woman's Guide To Why She Can't And How She Can Orgasm



Synopsis

Are you one of the thirty percent of women who has difficulties with orgasm? Do you want to experience greater sexual satisfaction? In easy to read language, *The Elusive Orgasm* provides a full overview of women's sexual pleasure, covering sexual triggers, stages of arousal, the power of mind, and how women differ from men. Longtime clinical psychologist and sex therapist Dr. Vivienne Cass reveals all the causes of women's orgasm difficulties — and how to remedy them. In *The Elusive Orgasm*, you'll learn: What an orgasm is How the clitoris is much more than "a little button" The stages of a woman's arousal The five types of orgasm difficulties The twenty-five causes of those difficulties Self-awareness via quizzes and questionnaires Sexual and non-sexual changes to help you orgasm Step-by-step plans to help you and your partner An extraordinarily thorough, all-inclusive exploration of every possible reason why women have orgasm challenges, *The Elusive Orgasm* gives you the tools to discover the source of your own orgasm difficulties, along with straightforward remedies.

Book Information

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Customer Reviews

"The Elusive Orgasm is an important book for all women, their partners, and health professionals. It takes a woman by the hand and gently guides her to sexual satisfaction and pleasure. What fun to read!" -- Beverly Whipple

Vivienne Cass, PhD is a clinical psychologist and sex therapist with over thirty years of experience.

She has taught courses on sexual therapy and sexuality and is the author of many articles and academic papers. Dr. Cass is a member of The Society for the Scientific Study of Sexuality, The New York Academy of Science, and The International Society for the Study of Women's Sexual Health. She lives in Australia.

I love this book! There is just some info that it doesn't cover that "Becoming Orgasmic" does. Couple this book with that one and you've got the complete mix.

Not an easy read. The information is presented in a dry manner. (No pun intended) It breaks women into a 1-5 level category of difficulty- the book would be better if they then carried that through with a color code. So if you are a #5- then you could flip through and JUST read what pertains to you!

Great book, good price. I was pleased with my purchase.

worth reading.

This is a nice how to guide to overcoming the psychological blocks that can prevent someone to reach orgasm. I really like the program's listed and I think both programs should be practiced regularly because they allow individuals and couples to slow down and enjoy themselves regardless of any sexual block they may have.

I read this book for a class in college, didn't really provide any information that can't be found elsewhere online. Not a bad read, but not really worth the money.

I would recommend this book to any man or woman. It is very scientific. It explains the how and why and how to achieve!

Excellent for all levels.

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